



# Hello from your new co-chair



Hi everyone

My name is Mark Hamblin and last year I was elected as co-chair for the Learning Disability Partnership Board alongside Katie Peacock.

It has been very challenging to do my role while the country has been in lockdown. I don't have the internet so I am unable to join in with online video meetings and the quizzes KeyRing have been running on Zoom. I really miss seeing you all!

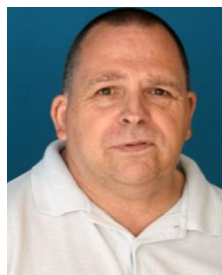
However just because you haven't seen me doesn't mean that I haven't been busy. I hope you have been getting the letters me and Katie have been sending you. I haven't been able to meet Katie yet in person but I am really looking forward to working with her more.

We will all be working on our four big themes in the new North Yorkshire Learning Disability Partnership Board Work Plan. It has four big themes: *Living a Good Life, Being Healthy, Keeping Safe and Our Voice*. A copy of the new Work Plan is attached for you to read. Let us know what you think!

We have also been looking at our Partnership Board Terms of Reference. They are over 5 years old so we have been asking self-advocates what we can do to update them and make them easier to use. People had lots of ideas! You can let us know what you think using the form that is attached.

Me and my wife Amanda have been trying to eat healthily over lockdown. We will have been married 3 years in August! We haven't been able to go to the gym so we have been going on lots of walks instead. Try going outside if you can, we find the fresh air does us lots of good!

Looking forward to seeing you again whenever it is safe to meet up.



**Mark Hamblin**

Self-advocate co-chair, North Yorkshire Learning Disability Partnership Board

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