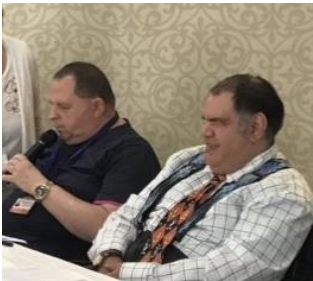




Self-Advocates
Forum

KeyRing
... We're Life Changing

A message from the co-chairs of the North Yorkshire Self-Advocacy Forum



Hello from Mark Hamblin and Sam Suttar.

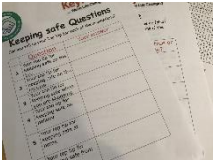
We are the co-chairs of the North Yorkshire Self-Advocates Forum. We hope you are keeping well and staying safe.



Sadly, our August meeting was cancelled, as we must all stay safe from coronavirus.



We had planned to do some training with Inclusion North about human rights at our meeting. We all have rights but it is important that we know and understand what these rights are.



We think human rights are very important. Instead of meeting to talk about human rights we have worked with Inclusion North to make this Human Rights Activity Pack.



The activity pack is a way for you to learn about human rights and have fun at the same time.



It will also teach you some new words. These will be useful when we can all meet again and do the human rights training we planned with Inclusion North.



Please look after yourself and we hope to see you very soon.



Sam Suttar and Mark Hamblin

Co-Chairs of the North Yorkshire Self-Advocacy Forum

September 2020